
Copyright Notice

Copyright © 1992 Stephen Myles Davidson, D.O.
All rights reserved.

Published by :

PRACTICAL PUBLICATIONS
1303 West Bethany Home Road
Phoenix, AZ 85013

In AZ (602) 246-8977

In USA 1-800-359-7772

Disclaimer

"THIS BOOK IS NOT A SUBSTITUTE FOR
PROFESSIONAL MEDICAL ADVICE."

*This book contains general information only. It does not
contain specific medical advice. It is not a substitute for a
patient consulting with his or her own physician
regarding particular symptoms and appropriate
treatment.*

Dedication Page

*Dedicated to the man who started us all
along the osteopathic trail,
Dr. Andrew Taylor Still*

Preface

This text is the course outline from the *Osteopathic Tips, Tricks and Techniques* video learning program. The transcription, video and audio cassette, with this book, comprise the entire course. The more ways you interact with this knowledge, the more easily you will assimilate these ideas.

We've intentionally left the left-hand pages blank for you to mark in any other notes this information sparks in your mind.

We hope you enjoy *Osteopathic Tips, Tricks and Techniques* and find it helpful.

Stephen M. Davidson, D.O., CSP-OMM
PRACTICAL PUBLICATIONS

I. INTRODUCTION

II. PART ONE, A Trip Along the Osteopathic Trail

A. Introduction

B. Local Strains Make Local Pains

C. Distant Strains Make Local Pains

1. The Unwilling Actor
 2. Toe Bones Connected to the Head
Bones
 3. Knee Bones Connected to The
Shoulder Bones
-

D. General Strains Make Local Pains

1. Auto Pilot

2. A Pain Apart

E. Strains and Strategies

1. Not So Easy Does It

F. The Law of Reverse Evidence

1. Trouble At The Junction

2. The Christmas Tree Spine

G. What You See May Not Be

H. You Never Know What You Can't Do

I. Change The Phenotype

1. Genetics and the Arch Cookies

2. Face and Phenotype

3. Romance and the Roast

J. Divine Intervention

1. Tripped Right

2. Spinal Catch

K. Conclusion Part One

III. PART TWO, EXPERIMENTS

A. Introduction

B. The Musculoskeletal Baseline

C. Experiments

1. Foot Curl

2. A Big Strain From a Little Stress

Does Grow

3. The Thorn in the Tiger's Paw

4. Is It Mind

D. Conclusion, Part Two

IV. PART THREE, SETTING THE FASCIA FREE

A. Introduction

B. You Do Nothing

1. Chicken Ready

2. A Crowded Space

3. The Hip Unfurled

C. Conclusion Part Three

V. CONCLUSION